

## SNACK CALENDAR JANUARY 2019

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>7</b> <b>AM:</b> Fruit cereal milk <b>PM:</b> Veggies rice	<b>8</b> <b>AM:</b> Fruit yogurt granola <b>PM:</b> Veggies WG crackers	<b>9</b> <b>AM:</b> Fruit eggs muffins <b>PM:</b> Veggies rice crackers	<b>10</b> <b>AM:</b> Fruit pancakes honey <b>PM:</b> Veggies pasta	<b>11</b> <b>AM:</b> Fruit bagels cream cheese <b>PM:</b> Veggies trail mix
<b>14</b> <b>AM:</b> Fruit pancakes honey <b>PM:</b> Veggies WW crackers	<b>15</b> <b>AM:</b> Fruit graham crackers <b>PM:</b> Veggies with pretzels	<b>16</b> <b>AM:</b> Fruit toast sun butter <b>PM:</b> Veggies trail mix	<b>17</b> <b>AM:</b> Fruit tortilla cheese wraps <b>PM:</b> Veggies rice	<b>18</b> <b>AM:</b> Fruit eggs muffins <b>PM:</b> Veggies Cupboard Choice
<b>21</b> <b>NO SCHOOL</b>	<b>22</b> <b>AM:</b> Fruit eggs pita <b>PM:</b> Veggies WG crackers	<b>23</b> <b>AM:</b> Fruit yogurt graham crackers <b>PM:</b> Veggies pasta	<b>24</b> <b>AM:</b> Fruit WG cereal milk <b>PM:</b> Veggies chicken salad	<b>25</b> <b>AM:</b> Fruit bagels cream cheese <b>PM:</b> Veggies mini pizza
<b>28</b> <b>AM:</b> Fruit eggs bagels <b>PM:</b> Veggies whole grain chips	<b>29</b> <b>AM:</b> Fruit waffles honey <b>PM:</b> Veggies WW crackers	<b>30</b> <b>AM:</b> Fruit tortillas sun butter <b>PM:</b> Veggies rice	<b>31</b> <b>AM:</b> Fruit WG cereal milk <b>PM:</b> Veggies pretzels	

WW= whole wheat. WG+ Whole Grain Fruit and veggies will be fresh and seasonal unless indicated.

If your child is allergic to any of these snacks, you will need to provide snack for your child. Please let your child's teacher know if you are providing snack.