

SNACK CALENDAR August 2018

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
| | | 1 AM: Fruit/sunbutter tortillas PM: Veggies WG crackers | 2 AM: Fruit waffles/ honey PM: Veggies trail mix | 3 AM: Fruit eggs/bagels PM: Veggies WG Pita/humus |
| 6 AM: Fruit/eggs biscuits PM: Veggie WG crackers humus | 7 AM: Fruit WG cereal/ milk PM: Veggies cheese | 8 AM: Fruit yogurt/granola PM: Veggies brown rice | 9 AM: Fruit/bagels sunbutter PM: Veggies WG pasta | 10 AM: Fruit eggs/toast PM: Veggies Cupboard Choice |
| 13 NO SCHOOL | 14 NO SCHOOL | 15 NO SCHOOL | 16 NO SCHOOL | 17 NO SCHOOL |
| 20 NO SCHOOL | 21 NO SCHOOL | 22 NO SCHOOL | 23 AM: Fruit/yogurt granola PM: Veggies trail mix | 24 AM: Fruit/ eggs biscuits PM: Veggies WG crackers |
| 27 AM: Fruit/eggs pita bread PM: Veggies Cheese | 28 AM: Fruit English muffins sunbutter PM: Veggies brown rice | 29 AM: Fruit/ WG cereal/ milk PM: Veggies/rice cakes | 30 AM: Fruit yogurt/ granola PM: Veggies pasta | 31 AM: Fruit waffles/honey PM: Cupboard Choice |

WW= whole wheat. WG+ Whole Grain Fruit and veggies will be fresh and seasonal unless indicated. Cupboard Choice always includes fruit/veggie. If your child is allergic to any of these snacks, you will need to provide snack for your child. Please let your child's teacher know if you are providing snack.