

SNACK CALENDAR May 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 AM: Fruit matzah sun butter PM: Veggies brown rice	2 AM: Fruit bagels cream cheese PM: Veggies cheese	3 AM: Fruit yogurt granola PM: Veggies pasta	4 AM: Fruit eggs pita PM: Veggies trail mix
7 AM: Fruit/ eggs toast PM: Veggies /WW crackers	8 AM: Fruit yogurt/granola PM: Veggies/pasta	9 AM: Fruit pancakes/honey PM: Veggies /humus/matzah	10 AM: Fruit sunbutter bagels PM: Veggies/rice crackers	11 AM: Fruit/ eggs tortillas PM: Veggies/cheese
14 AM: Fruit/eggs bagels PM: Veggies/ pasta	15 AM: Fruit waffles/honey PM: Veggies/ cheese	16 AM: Fruit WG cereal with milk PM: Veggies/rice	17 AM: Fruit sunbutter/tortillas PM: Veggies/ WG Crackers	18 AM: Fruit/eggs/ biscuits PM: Cupboard Choice
21 AM: Fruit /eggs pita PM: Veggies with dip and whole grain chips	22 AM: Fruit yogurt/granola PM: Veggies/pasta	23 AM: Fruit /cheese sticks PM: Veggies /humus/matzah	24 AM: Fruit cereal milk PM: Veggies and WG crackers	25 AM: Fruit French toast honey PM: Veggies/yogurt
28 NO SCHOOL	29 AM: Fruit sunbutter/ bagels PM: Veggies/rice	30 AM: Fruit /WG cereal/milk PM: Veggies/ pita	31 AM: Fruit/eggs bagels PM: veggies /dip/WG crackers	

WW= whole wheat. WG+ Whole Grain Fruit and veggies will be fresh and seasonal unless indicated. Cupboard choice is a variety of fruits, veggies, crackers... If your child is allergic to any of these snacks, you will need to provide snack for your child. Please let your child's teacher know if you are providing snack.